SUPERHERO 5K Run
Run The Town Blue

Every finisher gets a medal!

Finish Line Dance Party

Saturday, April 27
Flint Farmers' Market

8:00 – Onsite Registration, Photobooth, Face Painting, & more
9:00 – Opening Ceremony for 5K
9:05 – 5K Race Start for Runners
9:10 – 5K Race Start for Walkers -
10:15 – Costume Contest (Awards for Best Costume & Best Group Costume)
10:30 – Open Ceremony for 1K
10:35 – 1K Fun Run Start
11:00 – Kids Finish Line Dance Party

5K Places For Runners & Walkers

Fees:* (Now-3/15/19):
5k Run/walk $20 (with Shirt $30),
1k FunRun $15 (with Shirt $25),
(3/16/19-4/26/19):
5k Run/walk $25 (with Shirt $35),
1k FunRun $20 (with Shirt $30),
Day of: 5k Run/walk $40, 1k FunRun $25

Packet Pickups:
Thursday April 25 3:00 – 6:00 PM
ELGA Credit Union Admin Building Burton Location
2303 Center Rd, Burton, MI 48519
Friday April 26 10:00 AM – 2:00 PM
Complete Runner
915 S Dort Hwy, Flint, MI 48503

All proceeds benefit abused and neglected children in Genesee County. For more information on the event visit voicesforcac.org or call 810.238.3333 ext. 202

Voices for Children

*Race T-Shirts are available for purchase with registrations. Please see fees listed above. Any shirt request without appropriate pre-payment will not be fulfilled.
**Registered 5K Walkers: No running is allowed this event. You will not be placed if you are found running. Running is determined by peers.

Official Use Only

Registration

1.) Event (please select one) ☐ 5k Run ☐ 5k Walk** ☐ 1K Fun Run

2.) Sex ☐☐

3.) Age ☐☐

4.) Shirt (See Fees Above) ☐ Yes ☐ No

5.) First Name

6.) Last Name

7.) Birth Date (mm/dd/yy)

8.) Address

9.) City

10.)State ☐☐

11.) Zip Code ☐☐☐☐☐

12.) Email Address

13.) Phone ☐☐☐-☐☐☐-☐☐☐☐

14.) Shirt Size* S(6-8)M(10-12)L(14-16)

Adult: ☐S ☐M ☐L ☐XL

Youth: ☐S ☐M ☐L ☐XL

15.) Signature (Parent or Guardian Signature for Minors)

X _____ **Date** ___/___/___

Applications & Payment can be mailed to 515 East St. Flint, MI 48503

14.) Release: I know that running/walking is a potentially hazardous activity. I certify that I am in good health to participate and that I am medically able to properly trained to walk/run. Nevertheless, I acknowledge that participation carries an inherent risk of injury to my person & damage to my property. I hereby waive & release, for myself & for my heirs &assigns, any & all claims, causes of action, or liabilities of any kind which may hereafter accrue against Voices for Children Advocacy Center, & its affiliates, their agents, employees, volunteers, officers, directors, successors & assigns, promoters, the City of Flint, & any & all sponsors, their representatives & successors, that may arise as a result of my participation in this race, including any & all claims for personal injuries caused by negligence. I will hold them harmless all of the aforementioned for any & all injuries which may result from my participation. Further, I hereby grant full permission to any & all of the foregoing to use any photographs, motion pictures, recordings, or any other record of these events for any legitimate purpose, including commercial advertising, without monetary payment to me. (This information is protected by the Privacy Act).